

FOUNTAIN CENTERS

A Mayo Clinic Health System program for substance abuse and addiction

Substance Use Education 4 hour Chemical Awareness Workshop

Fountain Centers is offering a 4-hour Chemical Awareness Workshop for those who are beginning to experience early consequences of drug and alcohol use.

- Topics covered will include:
 - Problem Identification
 - Self-Assessment and lifestyle choices/decision making
 - Exploring personal values
 - Negative effects of nicotine
 - Identifying consequences of driving under the influences of drugs and/or chemicals
- Call 507-377-6411 to register for the class or to get more information.
- Class is held virtually over zoom and begins at 5pm.
- A certification of completion will be mailed out, and a copy will be sent to the appropriate referral.
- Cost of the program is \$50, cash or check, due in full when you sign up for the class.

2026 Schedule

February 4th 5:00 PM - 9:00 PM

May 6th 5:00 PM - 9:00 PM

August 5th 5:00 PM - 9:00 PM

November 11th 5:00 PM - 9:00 PM